

Marie Krebs Consulting, PLLC EFFECTIVE JANUARY 1, 2022

In compliance with the No Surprises Act that went into effect January 1, 2022, all healthcare providers are required to notify clients of their Federal rights and protections against potential “surprise billing.”

This Act requires that we notify you of your federally protected rights to receive a notification when services are rendered by an out-of-network provider, if a client is uninsured, or if a client elects not to use their insurance.

You have the right to receive a “Good Faith Estimate” explaining how much your medical care will cost.

Under the law, health care providers need to give patients who don’t have insurance or who are not using insurance an estimate of the bill for medical items and services.

- You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services. This includes related costs like medical tests, prescription drugs, equipment, and hospital fees.
- Make sure your health care provider gives you a Good Faith Estimate in writing at least 1 business day before your medical service or item. You can also ask your health care provider, and any other provider you choose, for a Good Faith Estimate before you schedule an item or service.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.
- Make sure to save a copy or picture of your Good Faith Estimate. For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises or call 800-985-3059.
- Additionally, we are required to provide you with a Good Faith Estimate of the cost of services. It is difficult to determine the true length of treatment for mental health care and each client has a right to decide how long they would like to participate in psychotherapy services. Therefore, should you choose to work with Marie Krebs, she will provide you with a fee schedule for the services. Your therapist will collaborate with you to determine how many sessions you may need.

Until I do an evaluation and we start therapy, I can’t really predict how long therapy will take, but I typically see patients for 8 to 15 sessions. However, some/many of my patients have more complex issues that may require as many as 30 sessions during the time frame of this GFE. In addition, some clients will pause treatment for a period of time and resume later due to additional life changes, a relapse, or other situations which necessitate further treatment.

My signature below indicates I have read & received the Good Faith Estimate Notice

Signature here

Date

Print Name